

Salt Bar
01625 432221
Lunch Menu

House smoked salt & black pepper nuts (ve/n)
£2.50

Citrus & garlic marinated
olives (ve/gf)
£2.50

Brunch

Toasted sourdough bagel with creamy scrambled eggs and either;

* Smoked salmon and hazelnut pesto (n)

or

* Smoked British bacon and red onion marmalade

£6

Sharing board

3 items £9 (one crispbread) All 7 £21 (two crispbread) Extra crispbread 75p each

House salt beef, pickled cucumber and horseradish cream (gf)

Prosciutto (Italian cured ham) & walnuts (gf/n)

Roast chicken, celery & sultana salad (gf)

Cured carrot, marinated feta & pine nuts (gf)

Beetroot, apple and spring onion salad (ve/gf)

House pickled slaw (gf/ve)

Smoked salmon (gf)

Prawn Skagen

£7

Fried sourdough topped with prawns in a dill, horseradish and leek mayonnaise. Finished with lumpfish caviar and an herb oil.

Hearty soup of the day with an open sandwich or tortilla wrap

£8.50

A delicious bowl of our freshly made soup with a slice of German style rye bread or tortilla wrap topped/filled with one of the following;

* **Salt beef**, pickled cucumber, Shropshire blue cheese, toasted walnuts and horseradish cream. (n)

* **Cured carrot**, marinated feta cheese, hazelnut, rocket and Cheshire cheese pesto, toasted pine nuts. (v/n)

* **Smoked salmon**, potato, rocket, pickled cucumber and hazelnut pesto mayonnaise. (n)

Scandinavian style meatballs

£8.75

British pork and beef meatballs, pickled cucumber, cranberry sauce and either mash or fries. Choose our traditional cream sauce or go dairy free with tomato and basil. (gf)

GF – gluten free N – nuts

VE – vegan V – vegetarian

VEO – vegan option available

Salt bar burger £8.50

4oz British beef patty, sliced meatball, vintage red Leicester cheese and cranberry sauce with lettuce, pickled cucumber and tomato on a toasted brioche bun. Fries.

Chicken, leek and mushroom tartlet £8.50

Creamy chicken with leek, mushroom and spinach in a black pepper pastry case. With dressed leaves, and a warm potato salad. (gf)

Mixed bean and chickpea falafel bowl £8

With beetroot, apple and spring onion salad, house pickled slaw, warm potato salad and miso roasted vegetables. (Ve/gf)

Bourbon glazed baked cauliflower salad £7.50

Cauliflower baked in a light batter with a bourbon glaze. With spring onion, slow roasted tomatoes and leaves. Finished with crispy rice noodles. (Ve/gf)

Sides (all gf/ve) £3 each

*Fries *House Pickled slaw

*Beetroot, apple & spring onion salad *House salad

*Roasted broccoli with preserved lemon & pine nuts

A 10% service charge will be added to tables of 6 or more.

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