

## Salt bar lunch menu 01625 432221

We are a tiny place with a tiny kitchen. Our food is made fresh to order and will therefore be subject to delays when busy.

House smoked mixed nuts with paprika (n/gf/ve)	£3
Marinated mixed olives with vegetables (ve/gf)	£3.50
Mixed nibbles board (n/ve) – nuts, olives, warm sourdough & balsamic oil	£8

### Brunch & light bites

**Smoked salmon & scrambled eggs.**  
Made with cream, on a toasted bagel with house pesto. (n) £6.95

**Welsh rarebit & smoked bacon bagel.**  
Wincle beer infused rarebit, smoked bacon and red onion marmalade on a toasted bagel. £6.95

Make it vegetarian with cured carrot instead of smoked bacon/smoked salmon.

### Greek style baked beans.

Butter beans, garlic and oregano slow cooked in a rich tomato sauce. Finished with marinated feta cheese. On toasted sourdough. (v/veo/gfo) £6.25

### Prawn Skagen

Fried sourdough topped with juicy prawns in a dill, horseradish and leek mayonnaise. Finished with lumpfish caviar. (gfo) £7

### Bigger plates

#### Scandinavian style meatballs

British pork and beef meatballs, pickled cucumber, cranberry sauce and either mash (properly!) or fries. Choose our traditional cream sauce or go dairy free with tomato and basil sauce. (gf) £8.50

#### Salt bar burger

4oz British beef patty topped with sliced meatball, vintage red Leicester cheese and cranberry sauce. Lettuce and pickled cucumber on a toasted brioche bun. Fries. £8.50

#### Halloumi meze bowl

Halloumi, vegetable & herb cakes with harissa roasted vegetable quinoa/ beetroot, red onion & apple salad and cabbage, chickpea & cucumber salad. With a zingy sriracha mayonnaise. Finished with toasted pumpkin seeds. (gf/v) £8.50

### Our famous sharing boards.

Choose any three for £9 or all six for £18.

One crispbread included per 3 items. Extra 75p each.

- \* House salt beef/horseradish cream/pickled cucumber (gf)
- \* Italian prosciutto with sweet walnuts (gf/n)
- \* Juniper & lime roasted chicken/red onion marmalade (gf)
- \* Cured carrot/feta cheese/house pesto & pine nuts (gf/n/veo)
- \* Beetroot/apple/red onion salad (gf/v)
- \* House pickled vegetables (gf/ve)

### Two courses and a drink for

£20

Ask your server for the prix fixe menu.

Subject to availability.

### Soup and open sandwich. £8.50

A Salt bar lunchtime favourite! A hearty bowl of soup and open sandwich of your choice from the following on buttered rye bread.

- \* Salt beef, pickled cucumber, horseradish cream and sweet walnuts. (n)
- \* Warm miso & garlic roasted mushrooms with baby spinach, marinated feta and toasted pine nuts. (v/veo/n)
- \* Smoked mackerel, grilled courgette and house pickled vegetables. Horseradish cream.

### Something sweet...

Fruit scone, jam and cream £3.95

St Clements drizzle cake £2.25

Or ask your server for our sweets menu.

A discretionary 10% service charge will be added to tables of 6 or more.

Follow us on Facebook @TheSaltBar or Instagram #thesaltbarmacclesfield or visit [www.thesaltbarmacclesfield.com](http://www.thesaltbarmacclesfield.com)

If you suffer food allergies and/or intolerances please ask your server for additional information about menu items.