Salt bar lunch menu

01625 432221

House smoked salt & black pepper nuts (ve/n) £3
Citrus & garlic marinated olives (ve/gf) £3

gf = gluten free n = nuts S = sesame
v = vegetarian ve = vegan

Toasted sourdough bagel with creamy scrambled eggs £6.50
Choose either; Smoked salmon and hazelnut pesto (n) or Smoked British bacon and bourbon ketchup.

Summer salad bowls

Bourbon baked cauliflower – lightly battered cauliflower, served warm on dressed leaves, spring onion, slow roasted tomatoes and crispy rice noodles. Finished with a bourbon glaze. (gf/ve) **£8.50**

Honey and lemon cured salmon – salmon fillet marinated in honey and lemon juice and oven baked. On dressed leaves with potato, green beans and slow roasted tomato. Finished with a soft boiled egg. (gf) **£9**

Broad bean and chickpea falafels, dressed leaves, beetroot, apple and spring onion salad, house pickled slaw and barley, summer vegetable and preserved lemon salad. Finished with baba ganoush and pumpkin seeds. (ve/S) **£8.50**

Soup and smorrebrod (open sandwich) £8.50
A hearty bowl of today's soup with your choice of open sandwich on German style rye bread.
* Smoked salmon, hazelnut and rocket pesto, pickled cucumber, soft boiled egg and leaves (n)
* Salt beef, pickled cucumber, sweet walnuts and horseradish cream (n)
* Cured carrot, grilled courgette, marinated feta cheese and pine nuts (n)

Meat lover's board (n) £9
House salt beef, pickled cucumber and horseradish cream/ Italian prosciutto with sweet walnuts/ Juniper and lime roasted chicken. With Scandi crispbread.

Plant lover's board (n) £8
Beetroot, apple and spring onion salad/ Cured carrot and grilled courgette, feta cheese and pine nuts/ Barley, lemon and summer vegetable salad. With Scandi crispbread.

Prawn Skagen £7
Fried sourdough topped with prawns in a dill, horseradish and leek mayonnaise. Finished with lumpfish caviar and an herb oil.

Scandinavian style meatballs (gf) £9
British pork and beef meatballs, pickled cucumber, cranberry sauce and either mash (properly!) or fries. Choose our traditional cream sauce or go dairy free with tomato, roasted pepper and basil.

Salt bar burger £9
4oz British beef patty topped with a sliced meatball, vintage red Leicester cheese and cranberry sauce. Lettuce, pickled cucumber and tomato on a toasted brioche bun. House pickled slaw and fries.

Asparagus, broad bean and pea pappardelle (v) £9
Summer vegetables tossed with crème fraiche, lemon and pappardelle pasta. Finished with pecorino cheese.

Sides £3 each *Fries (gf/ve) *House pickled slaw (gf/ve) *Beetroot, apple and spring onion salad (gf/ve) *Barley, summer vegetable and preserved lemon. (ve)

A 10% service charge will be added to tables of 6 or more.
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